



Welcome to Grace Episcopal Church.

We all know the times when, like Nicodemus, we come to Jesus in the dark hours of our lives. With the outbreak of the flu season and coronavirus let us be of one mind in Christ.

Flu season is always a concern and this year it is more troubling for us all especially with the coronavirus outbreak so close to St. George in California. As Christians we gather to share our faith, hope and love for each other and Jesus. Jesus is the one who cures the sick and leper with a touch. So, we are in a quandary. How do we to follow Jesus' example during this time of concern.

1. **Keep calm** and if you do not feel 100% stay home. 2.

Intinction is strongly **discouraged**; Communion by bread alone is full communion. 3. Sipping from the cup is always the safest form of receiving the blood of Christ rather than intinction. (The Chalice bearer always wipes and turns the cup.) 5. At the Peace, **handshaking** is an individual choice and is, unfortunately, also **discouraged**. Please read body language carefully for those who wary. Fist bumps are best! Please use the **hand sanitizer** in the pew bookrack. With these precautions remember the Psalm: The Lord shall preserve you from all evil; it is he who shall keep you safe.

In the event of a coronavirus outbreak at Grace please know we will contact you immediately should we have to cancel services.

Stewards of the Service 3/14

TBD	Acolyte
TBD	Old Testament Lector
TBD	New Testament Lector
Aaron Lund	Musician
TBD	Fellowship

Scripture Forecast for Three Lent

Exodus 17:1-7, Romans 5:1-11, John 4:5-42, Psalm 95

Food Box Distribution needs toothpaste. Thank you.

The Church needs parishioners to help assist the Bishop's Committee member responsible tallying the offering on Sunday. The process takes about 30 minutes. See Fr. Tom or Carol Ann Mitchell if you are interested in this vital ministry. Two people MUST be present to tally.

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Those in need of Prayer this week: Sally, Micky, Carla, Chelsea, Vi, Steve, Native Americans, Ken, Ann, Betty, Linda, Brandon, Christopher, Chris, Michelle, Paula, Jill.

Long term care and prayers:

Gabrielle, Jamie, Nick, Barbara, Jeff, Toby, Bambi, Nancy, Pat, Bob, Patty, Rick, Roger, Eddie, Moriah, Jan, Cathi.

**DOK offers healing prayers after Church at the Chancel
Fr. Tom's Door is always open 9am-3pm.**

Upcoming Events

Worship during the week

**Wednesday Eucharist/11:50am/Bible Study following
Friday Morning Prayer/8:30am Saturday Eucharist/5:30pm**

**Mar 10 Men's Discussion Group, Gen 39, 41 @ 10:00am
Mar 12 Women's Discussion Group/10:30am
Mar 13 Stations of the Cross 5:30pm
Mar 17 Gracemakers Needlecraft Group/10:30am
Mar 21 Daughters of the King at retirement homes/9:15am
April 5 Palm Sunday join Joey and the congregation for the Palm Sunday trek into Jerusalem @ 10:25am Holy Eucharist**

DEADLINE FOR ANNOUNCEMENTS IS WED @ 2:00PM

What! Grace worry. Still, should a severe outbreak of the flu hit our community please check the Website and Facebook page if quarantine and isolation measures are ordered.

Stewardship is a way of life-live it! ☺ Please Sign UP!

Stewards of the Service 3/15

Marty Pecoraro/Chuck Goode	Ushers
Patrick Schwab	Acolyte 1
Doug Gilbert	Acolyte 2
Amy Jarecki	Old Testament Lector
Gabrielle Saasta	New Testament Lector
Susan Talley	Musician
Closed	Sunday School
TBD	Fellowship